



## STAY ENGAGED: Upcoming events

**ReThink series**  
**PRACTICING WORK-LIFE BALANCE**

FRIDAY  
JAN 28TH  
2022  
ONLINE  
ON  
ZOOM  
90 MIN

12 PM US EASTERN / 6 PM CENTRAL EUROPEAN

**LILIYA GEORGIEVA** (SOFIA, BULGARIA)  
**MUSTAFA SULLIVAN** (NEW YORK, USA)  
**VERONIKA STRELCOVA** (BANSKA BYSTRICA, SLOVAKIA)  
**MARIUS MITRACHE** (BUCHAREST, ROMANIA)  
**KLAUDIO HYSENI** (DURRES, ALBANIA)  
**NENSI DRAGOTI** (MODERATOR)

GLC Professional Fellows alumni activities supported by the U.S. Department of State, Bureau of the Educational and Cultural Affairs, Global Leaders Division.

U.S. DEPARTMENT OF STATE  
BUREAU OF THE EDUCATIONAL AND CULTURAL AFFAIRS  
GLOBAL LEADERS DIVISION  
GLC ALUMNI NETWORK  
CONNECTED FOR CHANGE  
GREAT LAKES COMMUNITY ACTION

January 28th 2022

### Practicing Work-Life Balance

We invite GLC Alumni from Europe and also from the U.S. for 90 minutes to ReThink work-life balance in their life and hearing from examples and ideas from different countries. We need to take care of ourselves before we can help others!

While we will hear some great examples from our alumni about physical activities, it is equally important that we think also about other ways to maintain our mental health and how to improve our own situation where we can.

The event is hosted virtually by our Albanian partner Co-Plan.

[Join Facebook event](#)

[Join Zoom event](#)

February 7th 2022

### Happy Hour: Travel

It is Happy Hour everyone!  
Please, prepare a cup of tea or something of your liking for the end of the work day and join us for an hour of fun and socializing. While we will hear about the great travel adventures of our colleague and friend Deb Martin (GLCAP), we will also get to know our mysterious guest and together uncover their identity.

# HAPPY HOUR SERIES

## TOPIC: TRAVEL

MONDAY, FEB 7TH 2022 ONLINE ON ZOOM  
12 PM US EASTERN / 6 PM CENTRAL EUROPEAN

**DEB MARTIN**  
GREAT LAKES COMMUNITY ACTION PARTNERSHIP  
TOLEDO, OH

**MYSTERY GUEST**

Moderated by  
**ALEX TOMESCU**  
BUCHAREST, RO

Happy Hour is a GLC alumni online series for non-formal socializing and fun.

GLC Professional Fellows alumni activities supported by the U.S. Department of State, Bureau of the Educational and Cultural Affairs, Global Leaders Division.

This is the pilot of our new online series, where we will try to virtually recreate the atmosphere of a café or a bar and spend time together in a fun environment.

The event is hosted virtually by our Romanian partner CeRe.

[Join Facebook event](#)

[Join Zoom event](#)

11

Days

05

Hours

57

Minutes

51

Seconds

# SOCIAL MEDIA IN COMMUNITY ORGANIZING

*ReThink series*

**WEDNESDAY, FEB 23RD 2022**

**SAVE THE DATE AND STAY TUNED FOR DETAILS!**

\* As we strive to keep our gatherings safe, please note we are only creating private Facebook events. If you can't access the events on Facebook, but would like to mark your participation there, please reach Elizabeth Balint or any country director.

Please don't share publicly the Zoom link to these events. You are however welcome to invite trusted colleagues and friends who might be interested.

## STAY INFORMED: News Bites

### A Decade of Success

Will we be able to travel in



**2022?**

We certainly hope so!

24 fellows from our 2020/2021 virtual delegation are still ready to travel to the U.S. and host their mentors back in their country afterward. We are hopeful that they will be able to make their trip in the U.S. for 1 month, starting late April. They have shown

great dedication and stayed engaged for nearly 2 years now!

We are also making plans for a physical International Alumni Reunion in Hungary in the second half of June 2022, to mark 10 years since the first delegation that traveled on our program. There might be other opportunities for travel, so stay tuned.

### **Last chance to contribute to our 2021 fundraising campaign!**

By the end of January, we are officially closing our 2021 fundraising campaign. If you have not donated yet, you can still do it [here](#). We are so grateful for so many alumni from Europe and the U.S. who have contributed, along with friends of the program! Here's what some of them shared:



*"Thank you for asking. This organization is valuable to me, to us, to many."*

*"For international cooperation in our fights for a just world where everyone has a right to a prosperous life and their needs are met."*

*"Let's all support this critical exchange!"*

## **STAY INSPIRED: Alumni stories**

**Congratulations to two of our alumni who are now part of  
The Obama Foundation programs**



**Zora Molnar is now  
selected for the Obama  
Foundation Europe  
Leaders program in 2022**

GLC Alumna Zora Molnar (Hungary, Fall 2018) is among the selected participants of 2022 Europe Leaders program of the Obama Foundation. This is a six-month, virtual leadership development and civic engagement program.

Zora is a project manager at Jamba Hungary Foundation, an international social enterprise that provides training and career development opportunities for people with disabilities, as well as inclusive services, counseling, and training for employers. In 2018, she led a successful movement to make all stops on one of Budapest's major metro lines accessible to wheelchair users.

"I am very pleased to be part of the Leaders Europe Program of the Obama Foundation. This is a competitive fellowship that offers a series of inspiring lectures and skill building sessions. I would like to take this opportunity to build new relationships and increase my knowledge about value-based, inclusive leadership.", Zora shares.



**Eva Tessza Udvarhelyi  
completed the Obama  
Foundation Scholars  
program in 2021**

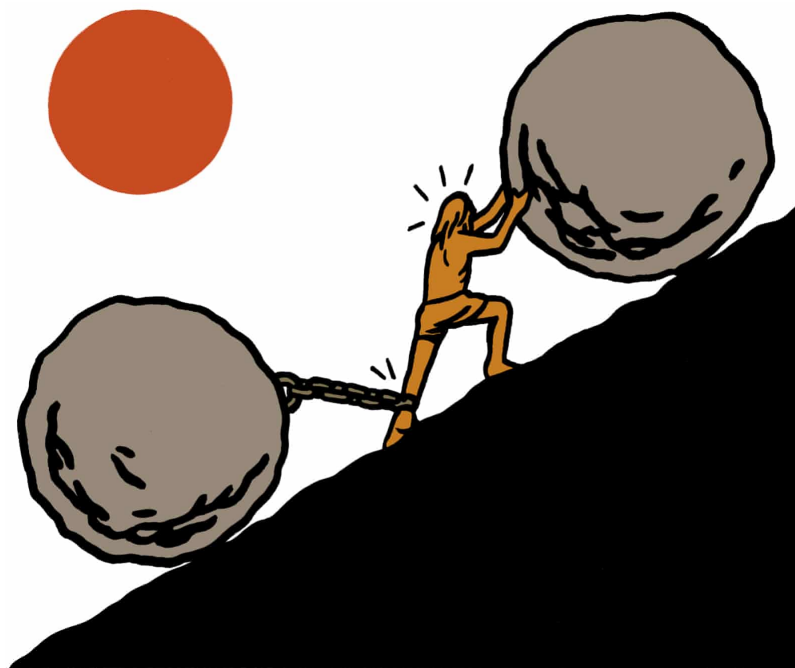
GLC Alumna Eva Tessza Udvarhelyi (Hungary, Spring 2016) has successfully completed the previous round of the Obama Foundation Scholars program that span from August 2020 to May 2021. Within the program, Tessza focused on active citizen participation by joining two Columbia University classes per semester and attending weekly seminars on American politics, leadership development sessions, roundtable discussions. One of these virtual seminars were attended by Barack Obama himself.

For her experience with the program Tessza shares: 'It was a wonderful year to take a step back from my daily work and be able to learn about social movement, progressive politics and citizen participation. I also had the chance to reflect on my own practices and my long-term perspectives as a change-makers".

Tessza is the Head of the Office for Community Participation at the Municipality of the 8th District of Budapest.

## STAY REFLECTIVE: Long Read

### Why time management is ruining our lives?



"Email had become far more than a technical problem. It functioned as a kind of infinite to-do list, to which anyone on the planet could add anything at will. For the "knowledge workers" of the digital economy, it was both metaphor and delivery mechanism for the feeling that the pressure of trying to complete an ever-increasing number of tasks, in a finite quantity of time, was becoming impossible to bear."

The Guardian

[Read full article](#)

## STAY SUPPORTIVE: Fundraising

# LAST CHANCE TO SUPPORT OUR 2021 FUNDRAISING CAMPAIGN

We use all donations to support strategic partnerships between Europe and the U.S. and further exchange of ideas, know-how and learning for social change.  
Your contribution matters!

Our common goal is to increase citizen empowerment and democratic processes in Europe through community organizing and other types of support for minority and disadvantaged communities.

[Donate here \(U.S.\)](#)

[Donate here \(Europe\)](#)

## GLC Alumni Network

### Contact us:

Vladislav Petkov, International Alumni Coordinator at [v.petkov@proeuropean.net](mailto:v.petkov@proeuropean.net)

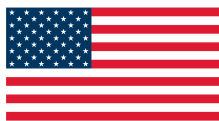
Elizabeth Balint, GLC Program manager at [glc\\_teachdemocracy4@hotmail.com](mailto:glc_teachdemocracy4@hotmail.com)

You receive this email because you are an alumna/us/i or a friend of the GLC Teach Democracy program. We would be sad to see you go, but you can always:

[Unsubscribe](#)



*The GLC Alumni Network is administratively managed in Europe by our Bulgarian partner Pro European Network.*



PROFESSIONAL  
FELLOWS

mailer lite